

# HUMAN SERVICES, ASSOCIATE OF APPLIED SCIENCE

The purpose of this program is to provide education and internship to prepare students for entry-level employment in the human services field. SWOCC is participating in a state pilot program that allows Human Services AAS graduates through 2029 to obtain registration status as a Qualified Mental Health Associate (QMHA) without requiring a bachelor's degree. Human service workers provide a wide range of emotional and practical support services aimed at addressing the needs of people facing a variety of challenges. Embedded within the AAS degree is a Career Pathway Certificate in Addiction Studies which prepares students for state certification in addiction counseling through Mental Health and Addiction Certification Board (MHACBO). For information on the certification process visit the MHACBO website: <http://www.mhacbo.org/en>.

## PROGRAM STUDENT LEARNING OUTCOMES

- Practice professional and ethical standards inherent in the human services field
- Utilize skills of attending behavior, active listening, effective questioning techniques that align with theoretical orientations in the helping fields, while working with both individuals and groups
- Exhibit competence in working with people from diverse backgrounds
- Conduct various assessments with regard to eligibility, service needs and problem resolution, commonly used in the human services field
- Develop a plan of action for clients using a strengths-based approach to link people with community resources
- Utilize technology and digital resources for educational and career purposes
- Communicate effectively with others, both verbally and in writing
- Describe current best practices in the field of human services and demonstrate the ability to implement these practices at the entry level

## GRADUATION REQUIREMENTS

Students must complete a minimum of 93 credit hours with a cumulative Grade Point Average (GPA) of 2.0 or better. All courses must be completed with a grade of 'C' or better. Twenty-four (24) credits must be completed at Southwestern before the degree is awarded.

Complete the graduation application process one term prior to the term of completion (e.g., spring term graduates must apply during winter term).

Math and writing placement are unique to each student and are determined during the admissions and intake advising process. Additional math or writing courses may be required prior to taking the math or writing program requirements in this degree.

## PROGRAM GUIDE

Course	Title	Credits
<b>Prerequisites</b>		
<b>Fall</b>		
Placement into MTH105Z or completion of MTH98 or MTH95		
Placement into WR121Z or completion of WR90R		
<b>Credits</b>		<b>0</b>
<b>First Year</b>		
<b>Fall</b>		
HS150	Personal Effectiveness	3
HS155	Interviewing Theory and Techniques	4
HS201	Introduction To Human Services	3
HS228	Infectious Diseases	1
WR121Z	Composition I	4
<b>Credits</b>		<b>15</b>
<b>Winter</b>		
HS224	Group Counseling Skills	4
HS231	Advanced Interviewing & Counseling	4
HS267	Cultural Competencies Human Services	4
WR122Z	Composition II	4
<b>Credits</b>		<b>16</b>
<b>Spring</b>		
COMM100Z or COMM111Z or COMM218Z or COMM219	Introduction to Communication or Public Speaking or Interpersonal Communication or Small Group Discussion	4
HS221	Co-Occurring Disorders	4
HS226	Ethics And Law	1
HS232	Cognitive Behavioral Strategies	3
PSY243	Drugs and Behavior	3
<b>Credits</b>		<b>15</b>
<b>Second Year</b>		
<b>Fall</b>		
HS158	Trauma: Theory To Practice	3
HS170	Introduction to Practicum	1
HS265	Casework Interviewing	3
HS266	Case Management	3
MTH105Z	Math in Society <sup>1</sup>	4
PSY216 or PSY237	Social Psychology or Life Span Development	3
<b>Credits</b>		<b>17</b>
<b>Winter</b>		
HS170B	Practicum and Seminar	5
HS209	Crisis Intervention And Prevention	3
Science <sup>4</sup>		4
Arts and Letters <sup>3</sup>		3
<b>Credits</b>		<b>15</b>
<b>Spring</b>		
HE250	Personal Health <sup>2</sup>	3

HS170B	Practicum and Seminar	5
Science <sup>4</sup>		4
Arts and Letters <sup>3</sup>		3
<b>Credits</b>		<b>15</b>
<b>Total Credits</b>		<b>93</b>

<sup>1</sup> MTH111Z or higher may be used as a substitution, excluding MTH211.

<sup>2</sup> PE231 Wellness for Life or 3 courses of PE185 may be used as a substitution.

<sup>3</sup> AS Arts and Letters designated courses will satisfy this requirement.

<sup>4</sup> AS Science/Math/Computer Science designated courses will satisfy this requirement.